

What depression makes me.

# What depression makes me.

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what depression does to me.

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## What depression makes me.

I sit, nothing is crossing my  
mind.

I stare, but do not hear a  
thing.

I breath, feeling nothing but  
numb.

I speak, so people people think i'm  
fine.

I eat, tasting ash on my  
toug.

I think, just so that I  
move.

I listen, to make my self believe I  
see.

I touch, so that I know to  
breath.

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