

Worse than depression

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An emotion i don't know the name of . some of this poem will rhyme and some of it won't .

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From the moment I awake
Until the second my eyes finally close to sleep
this strange emotion
falls on top of me like a heavy heap
it never leaves
it always stays
turns all my happy moments into bad days

This emotion has no sadness
but its wrought with pain
it warps your appearance
and destroys the sanity of your present brain
no one can comprehend , or understand
how how hard this is to explain.

The feeling has no anger
but its full of outrage !
its like being a wild animal
caught in a weaker predators cage
longing to free to be heard and respected
worse than finding out you dream is not what you expected

This state of consciousness has no expression
but its clearly seen on your face

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people wonder why you're sad or angry

when really on the inside you feel blank .

Something inside you is missing

and your soul feels it to

you 're walking around lost in a fog

hoping someone finds you

But know ever sees

or cares to stop help

you die and live in a slow and miserable existence

a casket called yourself.

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