

# Learnings From Hanuman Chalisa

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Hanuman Chalisa As Depicted By many writers this is detailed of my own depiction , I request all the readers to compare with other writers and then have a feedback .

Published on  
**Booksie**

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# Learnings From Hanuman Chalisa

When I was going through the worst time of my life something is there which give me Strength , Courage , Luck and Focus .I have depicted these 40 formulas of Life Known as "Hanuman Chalisa" Some other persons have also depicted by them , its the matter of thinking and views as all are the discipile of the great Power Sri Hanuman Ji .

I would like to have your permission to share something for all of us .

1) Sri Guru Charan Saroj Raj Nij Man Mukur Sudhari , Barnau Raghubari Bimal Jasu Jo Daayanku Fal Chari

Buddhiheen Tanu Janike Sumiro Pavan Kumar , Bal Buddhi Vidhya Dehu Mohi Harau Kalesh Vikar .

Here I need the experience of my teacher touching his feet (where the feet are deeds and failures which the teacher had already scene), I make my mind clear with the thought that my teacher is the one who can introduce me to the one who will give me the four attainments of life . As we all know the four attainments in life are 1) Dharma , 2)Arth , 3)Kaam, & 4)Moksha .

Let us Discuss the four attainments of life

1) Dharma : Acc. Law of the Conservation of Energy. Energy cannot be created or destroyed; it can only be changed from one form to another. It is same as the What is written in Shri "BhagvadGeeta" Soul can neither be created nor can be destroyed, but can change from one body to another .

This means that Soul=Energy and it can change from one form to another i.e one body to another body . Our Dharma represents a path to meet with the ultimate Energy that is GOD . Hence whenever someone ask that who are you We should Reply with the form of energy we are i.e " I am a Hindu form of Energy " or "I am a Islamic form of Energy " .

2) Artha /economy/Purpose : Most of us understand arth as money or economy and thus we have economics the study of money and resources . For me the meaning of arth is the purpose of my life and from that purpose I would really love to learn it may be possible that I would earn less but to do what I like the most will give me the upmost satisfaction rather then earning high from something that I am not fond of . This also gave us a formula :

To know form which work /act/ skill/ or knowledge from which you can earn the highest amount of money one have to find the work/skill/actor knowledge he/she will do even he or she is not paid that means when you found your interest you found the source of happiness and earning happily doesnt matter the earnings are less or high if you are enjoying your work .

3)Kaam /Sense of touch /Desire : Everyone know that Sri Hanuman Ji Maharaaj is present on earth with asceticism. But when you see some refrences reciting the Hanuman Ji Aarti we chant in the fourth phrase

"De Beera Raghunath Ptahaye Lanka Jari Sia Sudhi Laaye , Lanka so Koti Samudra Si Khaayi Jaat Pawansut Baar Na Laai "

Sri Hanuman Ji Mahraaj was the one who Helped Bhagwan Sri Ram fullfill his desire to meet Maa Sita .

When someone is having a desire with pure thoughts to be with someone Shri Hanuman Ji Mahraaj will not

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restrict him but will help him to pass the obstruction as he in the first jump crossed the sea between India and Lanka . Keeping that in Mind that ones desires should not be accompanied with sin or some other beliefic thoughts as the results may be reverted and one with no pure desires should be punished " Dusht Dalan Raghunath Kala Ki"

Bhagwan Sri Ram do not follow asceticism and also Sughriva , Arjuna , Vibhishana but these all had got helped from Sri Hanuman Ji Maharaj i.e Arjun chariot was supported By Hanuman Ji Maharaj , Vibhishans Meeting with Bhagwan Ram and Sughriva issue Thus , its not necessary to follow asceticism to get the Blessings of Sri Hanuman Ji Maharaj all one is need to have pure thoughts and pure desires with no sin .

4) Moksha/ Salvation /Liberation : Kaam , Krodh , Swarth , Irshya , Moh ,Lobh , Ahankaar, Anaitikta, Nastikta , Bhay (Fear ) Sri Hanuman ji Maharaj will help everyone of his discipile to win over these vice of Doshas . For me To win over anyone of the doshas is moksha It may vary from discipile to discipile how one define the Moksha .

Reciting the Line Second I Learn:

Budhiheen tanu janike Sumiro Pavan Kumar : when I am "buddhiheen means with no knowledge I ask the Power to induce the ability of unlearn and relearn and delearn , whereas "Pavan Kumar " Sri Hanuman Ji Maharaj is present on earth , So I will get these things from him only if any barrier in my path of life comes he will by knowing that I dont have any knowledge will make me learn by his virtue of power and present like my Guru , will put me to pass the barrier .

Bal, Buddhi ,Vidhya ( Acceptance , Knowledge and Skill ) : In old age people were asking for the physical strength only . Here in this age any of you and me who work in the corporate environment or in his personal life need the strength to present himself (Personality) , this "Bal " or the strength is I am asking for is the strength called as Confidence to represent myself and accept me as I am .

Many Academics , Industrialists and writers had define personality in different ways .

For Me A discipile of His Highness Maharaj "Sri Gaibi Saahab Ji " Sarkaar who know that for any instances either in the work and my personal life The Power is with me and I will not change myself because the other person wants it and the Power makes me fearless .

I define Personality is the difference between what I am inside and what I represent outside and this difference should always be equal to zero .

Hence , Personality = Inner Individual - Individual Represented Outside

= 0 .

Let us share an example : One guy working in a company makes a Presentation with some videos and some pictures but his bosses and others edit that presentation by adding some of there stuff and deleting some of his stuff the output what will come is not his but it is derived from some other negative energies that suggest to change his work . Its better to accept own decisions rather someone else even if its write or wrong it increase the sense of responsibility and interest towards the output .

Knowledge : By learning from the teacher books and ones focuses strength knowledge can be achieved . Knowledge is never incomplete or less it is only unexposed . Let us discuss an example , Most of us dont know each other individually , it does not mean that we are not learned in our field its the matter if fate that we have not exposed to the skills of each other .

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**Skill :** As defined in wikipedia A skill is the "learned" capacity to carry out pre-determined results often with the minimum outlay of time, energy, or both. As one of my acquaintances (One who can speak in the call center accent those personalities who already have changed their originality to earn or their interest change them ) said that "SKILL" can not be taught and learned it can only be developed and can be practised.

**SKILL :** Simplified Knowledge of Individuals in Labour and Learning.

everything in this life of competition is based on skill one got a high score in exams but in practical situations he is not able to do the same task , As in exams we just have one work to score but in Practicality Life is not a piece of paper and a three hour journey like a short run period . Life is a Firm which have to go for a Long run and there are more Macroeconomic factors (which one cannot control himself) than the controllable microeconomies .

what one needs to do is to practice his or her skill to the highest commitment , scoring good marks is not enough to succeed and its a representation of one in particular timeperiod and selective situations .

**Harau Kales Vikar :** There are only two types of Vikar ( disorder or Disbelief) in the world . One is to having negative thoughts and demotivated responses second is to hesitate to ask or speak . Once a person came across these two troubles everything is possible for him .

Sri Hanuman ji Maharaj will give the Power to come across these two problems one who is the discipile of Sri Hanuamn Ji Mharaj will be fearless and can be able to do all the things requisite to succeed in this era of competition either in the work or either in ones Personal Life .

It is also learned by these phrases that the GURU or the Teacher Should understand and win over " Daharm, Arth , Kaam , Moksha" and also should be free from all the Vices .

### **2) Jai Hanuman Gyan Gun Sagar , Jai Kapees Tihu Lok Ujagar , Ram Doot Atulit Bal Dhama, Anjani Putra Pawan Sut Nama**

One who is having the enough knowledge like sea but still it keeps calm , Kapees: Someone who is developing and updating as when ape turned to man there comes ego but one who is still developing will keep the ego aside .

**Ram Doot :** Ram stands for good charchater and doot : Messenger So one whois ready to help good people would have uncomparable strength , the son of Wind

As Wind is the form of energy that can not be seen but only can feel , this tells us that the energy of feeling is more powerful than any energy.

### **3)Mahavir Vikram Bajrangi , Kumati nivar sumati Ke sangi**

One who is the the Most Strongest will make the evil thoughts end . Thus , To be more strong one shoul Keep himself motivating and far away form negative thoughts .Despite all the circumstances if negative thoughts still comes in mind Recite the name of Sri Hanuman and Keep Faith om Him .

### **4)Kanchan varan viraj subesa ,Kanan Kundal Kunchit Kesa**

**Kanachan Varan :** Like Gold , **Kanan Kundal :** Rings in Ears

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Gold is not subjected to depreciation ,our outer beauty may will end but one have to keep the inner beauty intact .

Gold Rings in ears signs to accept and Listen to good thoughts which can keep inner beauty intact and good charachter .

As Defined : Good Charchter = Good Personality = Inner soul-outer body =0

If one ia a butcher and admitting that it is something he is doing for money it will be better than someone who is making a temple for earning money and telling that he is doing for some good reason .

### 5) **Hath Vajra Aur Dhuvaje VirajeKandhe moonj janehu sajai**

Vajra : Hathiyar : Hand tools (Knowledge ,Skill ,Attitude/grattitude), Resources , Dhuvja : Leadership Qualities , Janehu : Indication of Good Deeds

To win one have to keep good indications in mind as there will always be scarcity of resources , if there are no good thoughts in mind even with all the Resources available it can not be done ,

### 6)**Sankar suvan kesri NandanTej pratap maha jag vandan**

A descendant of Lord Sankar **woh can destroy the world in a seconds but still you keep calm and respect yout mother ,becuase of your glory you arepropitiated** all over the universe .

Despite of having ability to destroy everything in seconds Hanuman ji always keep respect for elders and do not cross the line of dicipline ,

this teach us that one who have everything in him should keep respect fro everyone and be glorious by making good deeds. People who have the abiliy to stay calm and giving respect will get respect .

### 7) **Vidyavan guni ati chaturRam kaj karibe ko aatur**

One who have the "Vidhya and Mind " will alaways help the good person .What one do is totally dependent on what he had taight and how he brought up therefore to make good huma being we need to educate themselves with good thoughts .

### 8) **Prabu charitra sunibe ko rasiyaRam Lakhan Sita man Basiya**

**Hanuman ji was fond of listening to Sri Ram stories and stood for what he wants therefore you achieve the place in the heart of Ram , Sita and Laxman**

IF one is having a very good charachter every power in the world will devote to him and Hanuman Ji Will Help him

### 9) **Sukshma roop dhari Siyahi dikhava Vikat roop dhari lanka jarava**

Hanuman ji was having the capability of changing his size and he do it as per the condition wants

This tells us how to respond to the conditons if one is good we have to be good if one is having bad we have to show our strength keeping the values in mind

**10) Bhima roop dhari asur sanghare Ramachandra ke kaj sanvare**

**Hanuman ji destroyed the demons and made Sri Ram Tasks possible**

Ram = "Mukti " One who posses the qualities of Hanuman He will not have to attain the God the mukti will come to himself .

**11) Laye Sanjivan Lakhan Jiyaye ,Shri Raghuvir Harashi ur laye**

Laye : Bring Sanjivan: Medicine: Solution

Laxman was incarnation of sheshnaag who always without any greed make his presence with vishnu .Hanuman ji bring him the medicine and then make Sri Ram Happy,

Here we Learn That Hanuman ji can bring every help and solution to the person who did not have greed in mind and put his work with honesty .Laxman never wants the thron of Ayodhya and also he supported his brother in exile even he is not admitted for the same.

**12) Raghupati Kinhi bahut badai ,Tum mam priye Bharat-hi sam bhai**

Sri Ram Honour Hanuman Ji excellence and give him the status of brother

One who is the devotee and free from all doshas (All 10 Doshas) God will gave him the status same as himself .

**12) Sahas badan tumharo yash gave ,Us kahi Shripati kanth lagaave.**

Thousands of living beings are chanting hymns of your glories;saying thus, Shri Ram warmly hugged him (Shri Hanuman).

To do a bad deed is very easy , to do someones bad is also very easy , and the most easy thing to say is no , The tough thing is to say yes and takes everyones blessings it is how told here that do good of everyone when thousands of people will give you blessings and share your glory then only you can get god the mukti state.

**13) Sankadik Brahmadi Muneesa Narad Sarad sahit Aheesa ,Yam Kuber Digpal Jahan te Kavi kovid kahi sake kahan te**

**As of your glory all Muni Shri Narad Maa Sarswati herself are and Ahisha , Yam the God of Death ,Kuber the God Of Wealth , Digpal the Guard of Universe all wants to describe your glory first how come a normal poet like me can transalise the same meaning**

This is applicable to our life also when we do something good people like to found the purpose that why somebody is doing good he may have some greed /profit of doing the same . when you do something taking the self out of it all Munis,saints , even the God will try to make you feel appreciated .

**14) Tum upkar Sugreevahin keenha ,Ram milaye rajpad deenha ,Tumharo mantra Vibheeshan mana Lankeshwar Bhaye Sub jag jana**

One need to motivate people by appreciating here Hanuman ji does the same he appreciated Sughreev as he wants the Vanar Sena to be with him , Ravan was too much intelligent powerful and Learned person , but still with the help of Hanuman ji he became King of Lanka .

Intelligence one combines with the ability to motivate people makes the perfect inpression, This is how we do in our life if we want to make someone work for us what we have to do show his need satisfaction with that work .

**15) Yug sahastra jojan par Bhanu ,Leelyo tahi madhur phal janu**

Hanuman ji dashed upon the son which is very far miles away and keep a jump to it by admiring it as a fruit

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When we make targets we made them very small , we restrain the targets when we get failures , If one have to achieve something he shoul see his target as a sweet fruit and have to keep hunger with innerself then only he can achieve the same .

### 16)Prabhu mudrika meli mukh mahee ,Jaladhi langhi gaye achraj nahi

A person should have belief and need a little motivation that motivation can lead to do the most courageous things .

### 17)Durgaam kaj jagat ke jete ,Sugam anugraha tumhre tete

Any kind of problems can be solved by virtue of Hanuman Ji , One who have the beleief on Hanuman ji do no have to worry for anything He should keep the problem as a test of his beleief on Hanuman Ji ,

### 18)Ram dware tum rakhvare,Hoat na agya binu paisareSub sukh lahai tumhari saranTum rakshak kahu ko dar na

Hanuman ji is sitting on the Ram's residence no can get there without Hanumanji permisson and all the happiness is kept with Ram , As Hanuman ji can guard the happines he he is also the protector from us from all the bad eviles , so never have the fear of sorrow as hanuman ji will guard us in all the bed time and unfotunate .

### 19)Aapan tej samharo aapai ,Teenhon lok hank te kanpaiBhoot pisach Nikat nahin aavaiMahavir jab naam sunave

one who have the qualities of selflessness , helpin the good and destroying the bad , motivating others for good reasons and have the knowledge skill and grattitude despite having all the powers have the ability to respect will not need anyone to help .The whole ecosystem will work under him all the bad things wil remain distant to him all he need is the name of Hanuman .

### 20)Nase rog harai sab peera,Japat nirantar Hanumant beera Sankat se Hanuman chudavaiMan Karam Vachan dyan jo lavae

**Most of the disease are psychological and can be treat when someone speaks good that someone will only speak good and can motivate when he have the "pure soul" , all that can be achieved only with true mind and faith**

**the reciting of name of Hanuman will do the same as medicine and also take away the sorrows , all the problems will go away by the recitation of the name of Hanuman .**

### 21) Sub par Ram tapasvee raja ,Tin ke kaj sakal Tum saja Aur manorath jo koi lavai Sohi amit jeevan phal pavai

Ram is the incarnation of Vishnu and Vishnu lives in every ones souls

Soul can neither be created not be destroyed and that is how it can change its form from one body to another one who beleive in the purse soul will be helped by Hanuman ji and that is how who have the pure heart pure soul will get what he desire .

### 22) Charon Yug partap tumhara Hai persidh jagat ujjyara,Sadhu Sant ke tum Rakhware Asur nikandan Ram dulhare

One who have the zeal to fight for saitns and good souls all the generations will bow down to him , one who is with pure soul will be protected by hanuman ji so Keep your charachter intatact and be good to everyone ,

### 23) Ashta sidhi nav nidhi ke dhata ,Us var deen Janki mata ,Ram rasayan tumhare pasa ,Sada raho Raghupati ke dasa

There is the concept of the Ashta Siddhi (eight siddhis) inHinduism

- Aá<sup>1</sup> imÄ : reducing one's body even to the size of an atom : It is how a person choose to show grattitude and became down to earth
- Mahima: expanding one's body to an infinitely large size: It is when one show his courage and fight fo rthe right
- Garima: becoming infinitely heavy : It how when one stand for his words
- Laghima: becoming almost weightless: Its how when you mind become free .
- PrÄ pti: having unrestricted access to all places : Its how the ability of Thinking does
- PrÄ kÄ mya: realizing whatever one desires : Its how one make a aim

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- **Iá'fá¹-va**: possessing absolute lordship : It is the faith
- **VaÅ tva**: the power to subjugate all[5] : It is the power to control all and that can only possible if one have the power to control self .

Nav Nidhis

**1.PARKAYA PRAVESHâ** Parkaya Pravesh means oneâ s soul entering into the body of some other person or animal or bird.

Can be called as the ability of empathy

**2.HAADI VIDYAâ** This vidya or knowledge has been mentioned in several ancient texts. On acquiring this vidya, a person feels neither hunger nor thruts .

Can be called as the power of determination

**3.KAADI VIDYAâ** Just as one does not feel hunger or thirst in Haadi vidya, similarly in Kaadi vidya a person is not affected by change of seasons, i.e. by summer, winter, rain, etc. After accomplishing this vidya, a person shall not feel cold even if he sits in the snow-laden mountains, and shall not feel hot even if he sits in the fire.

It is the power of patience

**4.VAYU GAMAN SIDDHIâ** Through this Siddhi a person can become capable of flying in theskies and traveling from one place to another in just a few seconds.

The power of communication and meditation

**5.MADALASA VIDYAâ** On accomplishing this vidya, a person becomes capable of increasing or decreasing the size of his body according to his wish. Hanuman Ji had miniaturized his body through this vidya while entering the city of Lanka.In Hanuman Chalisa it is also mentioned â *Asht sidhi nau nidhi ke data asbar dina janki mataâ*

Split personality the way to respond

**6.KANAKDHARA SIDDHIâ** One can acquire immense and unlimited wealth through this Siddhi. Wealth have diffrent definations the wealth which is the greatest is the wealth of character .

**7.PRAKYA SADHANAâ** Through this sadhana a Yogi can direct his disciple to take birth from the womb of a woman who is childless or cannot bear children.

**8.SURYA VIGYANâ** This solar science is one of the most significant sciences of ancient India. This science has been known only to the Indian Yogis; using it, one substance can be transformed into another through the medium of sun rays.

The power of transition by following the energy of thoughts its how the power of thoughts and idea changes someones direction

**9.MRIT SANJEEVANI VIDYAâ** Through this knowl edge even a dead person can be brought back to life.

As it is not possible by a normal person As only yogis can do that but a normal human being can do that by making the deal alive in everyones thoughts .

**24) Ram rasayan tumhare pasa ,Sada raho Raghupati ke dasa**

Hanuman ji is having the formula to make Ram happy and he will always be there to help him

One who do all the deeds without any greed , keeps loyalty , having faith , and respect others despite he have everything will get the god and can serve god .

**25) Tumhare bhajan Ram ko pavai ,Janam janam ke dukh bisravai**

**All who pray to Hanuman ji will able to reach Ram and all his sorrows in his birth-rebirth will end .**

**26) Anth kaal Raghuvir pur jayee ,Jahan janam Hari-Bakht Kahayee**

One who reach the mukti the lord at the death he wil always bhi known as the devotee of the God and what one have to do to achieve god is to make him free from all doshas . He have to make a good character , do good deeds and keep faith on hanuman ji ,

**27) Aur Devta Chit na dharehi ,Hanumanth se hi sarve sukh karehi ,Sankat kate mite sab peera ,Jo sumirai Hanumat Balbeera**

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God is one we believe in Hinduism that we have 33 crores of gods and goddess but he is The Almighty he is an energy, to get that energy only devotion to Hanuman ji is enough.

When one does good deeds with good character in compliance to Ram he doesn't need to make every god happy he has to keep the faith on Hanuman ji because the energy of Hanuman ji can remove all the sorrows.

Try to keep thinking positive as Hanuman ji can do everything he will remove the sorrows.

### **28) Jai Jai Jai Hanuman Gosahin ,Kripa Karahu Gurudev ki nyahii**

Hanuman ji is the Lord of senses and I will take him as my supreme guru

A Guru is true guru when he controls all his senses and to be successful one has to follow what the guru wants because the guru will share his experiences. It is the toughest thing to make someone understand the things to someone else that is how the guru inhibits his thought to his disciple,

Hanuman ji also learned things from His Guru The Sun God,

"One can only be successful when he has the right guru and the right guru is who, who is able to control his senses"

### **29)Jo sat bar path kare koiChutehi bandhi maha sukh hohi**

Meaning: One who recites Chalisa one hundred times, becomes free from the bondage of life and death and enjoys the highest bliss at last.

Once we recite the thing 100 times one has to follow what is written and that discipline and character in life make the person have the happiness.

### **30)Jo yah padhe Hanuman Chalisa ,Hoye siddhi sakhi Gaureesa**

One who practices the good will get benefitted as the proof will be given by Bhagwan Shankar.

### **31 )Tulsidas sada hari chera ,Keejai Das Hridaye mein dera**

**there is a tulsidas in everyone of us one who believes in lord and chants Hanuman Chalisa with full belief and faith . God will enlighten ones heart ,**

**Pavantnai sankat haran,Mangal murti roop.Ram Lakhan Sita sahit,Hridaye basahu sur bhoop**

O Shri Hanuman, The Son of Pavan, Saviour The Embodiment of blessings, reside in my heart together with Shri Ram ( Vishnu ) (Good Moral Character), Laxman(loyalty, dedication who never sleeps) and Sita(goddess of wealth : Wealth have many forms )

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