

# The Effect of Adrenaline

By : [kiwisocccergirl](#)

Every week I get to experience this feeling. It's truly exhilarating. If you aren't sure what it is about, here's a hint. Look at the pic. Don't pay attention to the bag of chips and bagel!



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Heart beating like crazy  
Trying to breath slowly  
Prepare for take off  
Take your mark. Go!  
Ice swarms around you  
Making sounds seem hazy  
Bubbles emerge rapidly  
Moving fast! Don't go slow!  
Don't think, just go!

Follow the dark path  
From point A  
To point B  
Do a twist  
And find a way back to home

Hurry! Hurry!  
No time to waste!  
Touch the wall!  
Take a breath...  
Listen....  
Be cheered by all

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