

The Suicide Diaries

# The Suicide Diaries

By : steveanna12

depression kills



Published on  
**Booksie**

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# The Suicide Diaries : Chapter 1

10/2/12

I don't know if i should do it....I think i should...Crying now ...dont know what to do..Hurting for multiple things.. Loving someone i`m afraid i`m going to loose..When i`m sad he keeps me smiling, but this one person is trying to take away my happiness...All frustrated over one mistake that changed my life forever...I would change it if i could ...Wanting to die so badly...It`s better then living on this world where people do not trusted for something a person assumes.

10/5/12

Heart destroyed, not wanting to talk to anyone....Cant trust anyone with my buisness anymore not even my best friend....High school is a hell on earth like i always said it was.Crying more and more everyday I just cant take this anymore, feeling corrupted because I cant answer her back to her, I have to be her shadow always behnd her as she says or do what ever to me. I really cant take it.....Music to the max feelings getting worse Im hurting and rotting to the core with depression.One broken heart i survived and i dnt think the other one will save me.Ill probably die of anxiety, I am already infected with the silentkill of depression.

10/11/12

A woman doesnt want me to hang or be around the male gender, I should might as wellbe a lesbian or like the same sex or have no friends just me locked up in a green house.I need someone who cares.I love you but itsd all turning around.

10/12/12

I will run away one day.Someone will one day appreciate me, trust me let me be me.They say you will never know what you hav until its gone.So if i die or kill myself rite now.They would start to remember i was on the earth.

## Chapter 2: Suicide Diaries- Mental Actions

10/28/12

The cutting beings,blood dripping from my wrist and dropping on my bed no tears cause i feel no pain, four long cuts going straight across my wrist no one was home so I was alone.Wiping the blood from my hand with an old T-shirt and threw it in the trash .Started to play illuminati music, started to get addicted to it. Loud music don't know whats with it but its unusual.

11/18/12

My mom started to notice I got worse so she started carrying me to the hospital.I've bin seeing a therapist for my problems I started to starve myself not eating .Was hospitalized .

12/19/12

I am going to run away tomorrow to my friends house. Crying when she makes my life worst , Christmas is soon to come and the days aren't getting better instead worst, I talked to a boy on my phone who was actually my boy friend, the only friend i had she scared him away, no one likes me because of her no boy, that would just make my teenage years go to waste .Thinking bout my future only hurts me more,the pain I would go through friendless lover less I already don't have a family who loves me .My dad use to care but then my mom told him about the mistake and he turned like her my days are not good. I turned to god a year ago and I thought my life would be better but it only got worst drinking rum didn't solve my problems either.

12/20/12

Life...Why does it have values rules she don't care about me why don't she just leave me let me live from my own mistakes I don't care if they even bring me close to my death .Just you trying to prevent me from it is like going through death.

One day you would read this and i hope you would understand .Constantly calling my name i answer and you shout at me telling me to do this and that and the other. I do it and in return instead of you letting me do what ever i got shout at more and slaved doing things for you.

12/24/12

I am now banned from computer use and its not helping the only thing that was helping me was music and my one true friend who understands me more then you,yeah he`s a boy but a boy who understands my pain who told me that I was beautiful not pretty when you didn't tell me it for years I felt like a stupid black ungrateful piece of shit.Unwanted you called me stupid,good for nothing , retarded, ass, worthless and even though you gave me reasons to call you names i only called you one and that name is "Mom".I didn't hurt you when I should or anything like that.

12/24/12

I will leave and i will cry over it but were ever i go at least i would be loved I've bin waiting and planning this all in the beginning when it first started my first day of grade 6 could never forget the things you said to me.The day i leave i will leave this same story for you to read Its all about my life believe it or not.Are you serious just to go by a friend I only have two friends and you already scared away one and now the other one you want to take away to.Are you serious crying more no one to talk to not even God so I write them in my

stories.

## Chapter 3: Suicide Diaries-Physical Actions

1/10/13

Wow,so this is how its going to be im in trouble and will get beatings for walking home.Smh I don't care any more I wanna get off of this earth but I wont no matter how much times i pray to.I am serious though why should you get cursed out for not riding with a gay annoying, boy who you don't even like as a friend.Its unfair to me i walked not by my self but with four people and got drove to my moms work by one .Be glad that i am ok i know what i am doing beatings wont work but you wont give up i just want to be free but protected to i know what i did and planned what i would of done if i didn't go home with Aaron ,I was suppose to go with the twins but they forgot that there mother told them to walk so i walked with them along with two others.Be glad,excited happy that i am smart enough to know where to walk who to talk to who to drive home with and where to go i didn't go anywhere else but from the tennis court home then to the restaurant.

1/11/12

She told everyone so my name goes around again.Right now not even love is on my mind I just wanna go heaven or hell,it would be more better, not even my whole family could change my mind,she never reads my stories so she never knows the truth or my side to the story.It`s a negative life i live everyday, she told my father that I wanted to be wild. I cant even stay after school watch my boyfriend run and that hurted more then the beatings.Yes she beated me without a care .She trapped me in the corner of the stove and the oven was on so i was getting burned and beatted all at the same time.A red mark is still on my thigh and my breasts are sore from the belt hitting them twice i am surprised i could even write because my hand was getting beat while protecting my body from the first couple minutes of licks .She said that i am not going nowhere for he rest of the year so i will be from home school then if no school stay home is the TV bill is not paid she will not pay it if she tell me don't use the internet and i use it that is more beatings again. I will not go shopping or to the restaurant with her I would probably be lucky if she feeds me.Ouch!!!!!! when i walk my thighs hurt the pain i can take but it makes me sad.She said if she have to beat me everyday of my life she will do it because i will not be wild in her house hold.

## **Chapter 4: Suicide Diaries- Benjamin(BF) is there for me**

2/10/13

He`s gonna run in the relay wow I love to see him run \*sigh\*.But im in punishment for probably my whole life.I hope they get it on camera.I hope that girl his (Wally`s secret admirer )don't mess with him.Well I went to Mr.Lewis today (the principal)and it was very scary being there in a room with two people who i am terribly afraid of.After i got of the office everyone had already knew what had happened.

2/11/13

OMG!!!!we actually kissed today the 11th of February 2013 Monday.Its bin forever and i missed him so much.Wow it felt great to made me forget about my past problems and suicidal thoughts.I don't know how people can say such things about him every time i hear about it i get so mad as if they were talking about me.I don't know how he is take it but he is control his self over it.That could mess up a persons mind and life.Only thing that messed up today was that,That gay dudes mom was outside waiting on us .So i didn't even have a chance to kiss him or tell him bye.Oh my gosh man!!!!!!I just wish i could of have a normal life .Where my mom didn't much about what goes on in my life and she just let me be me.But looks like i have to live the life i have and face it.But he will go through it with me.He`s nice like that lol and i love that about him and i love him never thought someone would make me laugh and smile like he do.

## Chapter 5: Suicide Diaries- His Ex I dont like

2/12/13 Oh My Fudging Gosh!!!! I just hate that girl man. Aye why don't she just leave him alone he don't want her over sized slack pussy whoring ass and it like she don't get it .Well i think he don't like her. Smt well i got him now so fuck you bitch. I don't want her to be around him though.

2/13/13

Are you fucking serious???!!!!!!! he was laughing up with her i didn't like that at all/I came from music class smiling but when I saw IT!!!talking to HIM!!!!that smile blew of my face. I was so angry after that and i hope he saw how i reacted. I know its jealousy but I.D.G.A.F!!!!!!Its killing me right now I cant even do math so good while im in class. I seriously don't like that .....Pssh..his Wally`s secret admirer.

She just came to my class door and i had the erge to throw something at her and hope it go down her throat and she choke to death while bleeding in her throat.....Yes when im mad or jealous i trip and hope that person dies terribly. When i noticed she cut her hair i was like DAMN!!!!!!Bitch just fuck up her looks more. She is wan hug me and shid. She really think i don't know what she tryna do like they say she tryna get to my boyfriend through me. Yes that what she tryna do. But she cant do it she cant break us up or get him from me,he`s all mine now bitch deal with it. One thing i really don't like is that she like to lie about shit i already know the truth about. Wow how stupid It could be. I serious man i just don't like that girl.

## Chapter 6: Suicide Diaries-I Messed Up

1/18/2013 I don't know why i am writing this in my "Suicide Diaries" but i just think i should let people know how i feel. I did something very very wrong and i am now regretting it. He`s very mad at me and i know it. Not even an apology letter or note would make any difference. That was a huge mistake i always come to make in my relationships and i never checked with my other boyfriends because they didn't care, so i didn't . I noticed with him its different, this is the first biggest mistake i have made out of all. He`s on the phone with me now and its just making me feel worst even though i already told him the truth I'm still feeling guilty. I just should of learnt to keep my mouth shut and shouldn`t even tell my class friends anything. I think i should just have no friends like i use to years ago and i really think i should keep to myself now a days,because a lot of things are going wrong in our relationship and i believe i am the total cause of it, i don't think i should get into the information just yet i think i should just express myself. I am now wondering if i should punish myself i really want to cry now but I`m on the phone with him and i just think it would make things worst. So i will do all my crying later when everyone is to busy to hear or care about me. I really want to cry now but everything is in complete silence.Wondering if i should eat seafood even though i am allergic to it. I think i am very close to my suicide actions and planning again. I think i could prevent myself from that negative energy. I am soon going to tell you folks why i am having all these emotions. I really don't know what to do now.My brain is blank completely right now that I`m having a headache. I just think tomorrow i should just be by myself under the tree reading a book and don't even hangout with Darnell. Just let me get to what happened. I told a friend my business and it kind of got out of hand and started to go all over the place. The business some how got to is ex girlfriend who i really don't like. I guess were both upset and i know he was mad the most i don't think i am going to cry to night because all this being upset and holding in tears is making me sleepy. So i guess I'm going sleep even though i am on the phone with him. I am not going to say sorry i will just watch it pass.

## Chapter 7: Suicide Diaries- He Messed Up

4/27/2013

Crying now not one thought in my head he's on the phone with me and he told me something i could not believe. He first asked me if i would break up with him if he had sex/grind another girl. I said i would give him one more chance. We had just celebrated five months of being together and i don't think i could lose him now. He asked me if i was sure i wouldn't break up with him i said, "Yes I'm sure". My mind started to tell me that he did something like that and he was trying to see what would happen if he told me so i tried to prepare for the worst. He said to me "If i tell you this please don't leave me" I said, "I won't leave you." He then said "You know Brian right?", "Who Brian?", "Brian Adderley", "Yeah i know him", "He wanted to grind this girl and he wanted me to watch". "Then he told me to go and grind her and he started to beg me because i didn't want to do it", "I gave in to the pressure and had sex with that girl". "I am soooooo sorry, it was a mistake i didn't mean for that to happen, I will not do it again just don't leave me." "I'm not going to leave you but who is the girl?" "Man i can't tell you that". Remember you said just now that we promised to tell each other everything? That is everything so you have to tell me who she is. *There was silence for two minutes*, after i said my last words then he started to talk. "Sigh we were at Wally's when it happened". I started to cry because i did already know who was the girl the same whore who he dumped because she had sex with multiple dudes you can get to know her better in my novel "The Islands Little Whore". He then asked me if i heard him trying not to let him know i was crying i said "yeah". I then said "That still don't tell me who she is!" I wanted him to tell me his self. There was silence again, He then spoke and said, "Sh-she is a girl you hate", "I hate a lot of people". There was silence again. He started to speak again "Her and Angie is be to Wally's almost everyday". My heart was broken hatred grew in my heart i was horribly mad for that bullshit i heard. I started to cry and curse him out "Are you serious?", "Her out of all the people in the world, on this island her!?" "Why would you even go back to that!!!", "Only if you was with me right now i would fucking slap the shit out of you, that is some stupid shit you did and i hope you know that i don't even what touch you anymore" There was silence. "You see when Monday come and we are in school don't touch me at all in anyway!" He asked me "Are you serious?" I replied yes dead serious. There was silence.....Baby?, I said "Do you even think you should call me that right now. I had tears in my eyes, my head started to hurt me but i was so mad and i could not take out my anger so i cried more." "OMG i can't believe you actually did that!" "This is the stupidest thing you ever did." He then spoke. "At the moment i was in the mood so i guess that made me decide to do it." "In the mood!?", "What do you mean in the mood i was in the mood to do things so many times and i didn't do it because i had you." Silence broke out again and i could hear in his voice he was sorry and wanted to cry. He then kept saying, don't leave me, please trust me the same and hes sorry and he wont do it again and all. I wanted to say i forgive him and accept his apology but the words failed to come out, so silence took over the whole phone for about five minutes. Finally i said, "I accept your apology, I will continue to trust you the same and i know it was a mistake and that you wouldn't do it again". He then said hes sorry again, i said "Its okay". He said that he wont go to Wally's again unless hes with me or if he's going to buy something. I said, "Okay". He said "I love you baby". I replied saying "I love you too" The conversation went good after all of the commotion we talked until night fall turned into day i went to sleep everything was back to how it was.

## Chapter 8: Suicide Diaries-WeJust Might Break Up

5/20/2013 All of this crying and pain between us is because of one thing and that's how my mom found out about us and I got beatings but now the relationship is just hurting and falling apart and I am still deeply in love with him and I still have hope on us but he is already losing his y cant I just once have a relationship where everything is forever but since this is a real life story I'm going to just copy and paste the conversation

- **Steve-Anna Parker**

U think im a bad girlfriend?

how im always freakin out

- 5:47pm

- **Benji Williams**

Noooooooooooo freakin out is not bad at all only great girlfriends freak out cause they tryna keep they man fah dey self

- 5:47pm

- **Steve-Anna Parker**

Oh ok I thought I is jus get u mad with tht do u get mad?

but yh it is make me feel bad

even when im mad nd I wanna take it out nd curse at u I dnt cuz I is feel bad already

- 5:54pm

- **Benji Williams**

no I dnt get mad if I get mad I will curse u out nd bring bck the tings u did nd ine got a prob wit u cursin me cause I wont stop cursin u

- 5:55pm

- **Steve-Anna Parker**

smh ok then but if u dnt stop u gin jus make me cry

- 5:55pm

- **Benji Williams**

Cause cursin u out is only showin dat I care nd dnt want u to mess uo

Up

I wont stop

- 5:56pm

- **Steve-Anna Parker**

ok then I see

ok

- 5:57pm

- **Benji Williams**

cause u shudnt du anyting bad soo if u cry u cause dat on u

- 5:57pm

- **Steve-Anna Parker**

tru

- 5:58pm

- **Benji Williams**

yupz

## The Suicide Diaries

- 5:59pm

**Steve-Anna Parker**

but u kno thts jus like sayin u don't care if i cry

- 6:00pm

**Benji Williams**

noo its not

Das how u tink it is

- 6:01pm

**Steve-Anna Parker**

i kno u was goin say tht

- 6:01pm

**Benji Williams**

I do care

- 6:01pm

**Steve-Anna Parker**

Ok then

- 6:01pm

**Benji Williams**

Buh if u mess up its a diference

- 6:02pm

**Steve-Anna Parker**

tru but im crying now nd idk y

- 6:02pm

**Benji Williams**

Wow

How u dnt kno y ?

- 6:04pm

**Steve-Anna Parker**

idk I jus started mussy the thing tht always happens wen I start crying for no reason is wen I picturing sumfin like u said talkin place nd it effects me

taking

\*\*

- 6:05pm

**Benji Williams**

Wah ???

- 6:06pm

**Steve-Anna Parker**

ok its wen my brain is picturing u cursin me out for sumfin nd how i said i wud start crying i wud feel the effect then start crying

it is happen in class wen sumtimes i picture sumone i love dieing

- 6:07pm

**Benji Williams**

wow ok

- 6:08pm

**Steve-Anna Parker**

Mhmm jus like the time ur phone get take i wasnt goin cry its becuz i pictured u cursin me out nd not talkin to me

## The Suicide Diaries

i was scared nd worried so yh

- 6:08pm

**Benji Williams**

Wow buh i wudnt du dat

- 6:09pm

**Steve-Anna Parker**

well it was my brain but ok

nd now im crying again becuz im picturing tht day

- 6:10pm

**Benji Williams**

Stop dat

- 6:10pm

**Steve-Anna Parker**

mn its my brain it like having a vision i cant really stop it it has to stop it self

nd it use to happen to me with scary things

- 6:11pm

**Benji Williams**

Wow nd i gotta deal wit that

- 6:11pm

**Steve-Anna Parker**

yup uhav to deal wit a lot but u jus dnt kno all the hell u gotta go through yet jus hope nun of the children turn like me

- 6:13pm

**Benji Williams**

Nd i tell u dnt plan nun fah da future nomore

- 6:13pm

**Steve-Anna Parker**

Oh sorry

but y again u dnt wan plan nun

- 6:13pm

**Benji Williams**

yea man

cause i got a feelin we gin be apart in the near future idk

- 6:16pm

**Steve-Anna Parker**

well ok but my hopes up tht we gin last no matter wat anybody says even if my hopes jus get crushed idc

i dnt quit on things i really want to succeed

- 6:18pm

**Benji Williams**

Ur hopes jus got crush ?

- 6:18pm

**Steve-Anna Parker**

I mean even if my hopes was high for nun

- 6:20pm

**Benji Williams**

## The Suicide Diaries

ok

Buh mn i say that cause anyting mite happen

• 6:21pm

**Steve-Anna Parker**

Tru ok then

I love you

• 6:23pm

**Benji Williams**

yea nd i mean like u gin have to leave me if u go somewhere fah a few years

I love u to

• 6:23pm

**Steve-Anna Parker**

Oh

• 6:25pm

**Benji Williams**

Yupz soo das y ine evan tink we shud fall dis deep inlove

• 6:25pm

**Steve-Anna Parker**

idk i will but if u dnt want to that's ur business

idc\*\*

• 6:26pm

**Benji Williams**

Nd das y i gettin connections wit more gurls

• 6:27pm

**Steve-Anna Parker**

so dats wat u doin nd thts wat i dnt wan hear cuz tht means u dnt love me as very much as i love you tht u dnt think we cud be together in the future

but if we break up i gin jus loose my hope nd forget love nd myself nd dnt giv a shit anymore

• 6:32pm

**Benji Williams**

das y i said we shudnt fall deeply inlove like we are rite now cause wen u cum out of skool nd u gotta go somewhere else fah school or sumtin fah a few years i gin cant take it nomore cause waitin three years gin be like life in prison wit no tv no nun at all nd no love soo we mite be apart nd dat will look bad on me cause i wudnt kno wah tu du dan

• 6:33pm

**Benji Williams**

Nd im not duin anyting wit dem gurls i jus gettin dem to kno me nd like me

• 6:34pm

**Steve-Anna Parker**

ok but im crying now for how much i jus wan die cuz im gonna loose u later on i will hav no life to wanna live for anymore

and it wud be like jus meeting u was for no reason

• 6:36pm

**Benji Williams**

Same as me nd u jus puttin more stuff in my head to jus kno dat we wont be together nd the future

## The Suicide Diaries

Nd dats how i feel to nd im mad at myself for dat

- 6:37pm

**Steve-Anna Parker**

im jus letting it out but its painful

- 6:39pm

**Benji Williams**

i kno its painful to me to cause i thought i wuda got married to u, start a family wit u nd have fun wit u nd da future buh idk nomore

- 6:40pm

**Steve-Anna Parker**

But i still got hope but ur jus tearing it away from from me

- 6:42pm

**Benji Williams**

man cause i dnt wanna have hope nd have it fah nun i wanna be wit u forever

- 6:46pm

**Steve-Anna Parker**

ok but I gtg my mom reach

- 6:46pm

**Benji Williams**

Mhmm

So this is what we were talkin about and i hope we dnt separate

# The Suicide Diaries

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