

This Painful Feeling...

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depressive mood....had to express myself somehow...

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This Painful Feeling...

All this pain inside my chest
feels like something is sucking up my breath
it hurts to breathe
it hurts to speak
and sometimes it hurts just to think
the pain that is up inside of me
just becomes to unbearable
I just want to end everything
but then I think of everyone who will miss me
and what they would think if I tried to end me
so thats whats keeping me here
my love for my family, and the look of their fear when I'm not here.

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