

Forest Words

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A letter that I wrote to my soldier friend while being in the forest.



Published on
Booksie

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I am in the forest now, I came here to find my soldier some flowers, but sadly flowers seem nowhere to be found, I will come back later.

Still, I feel utterly happy here, just walking around, and observing the birds.

Birds never fail in entertaining me, and inspiring me.

How wonderful, I love the way they live, spreading their wings experiencing freedom.

You know, walking here made me realize something about happiness.

We are so filled of life, having different sides in us.

And then I started to think, I started to compare us humans with the forest.

I think a great way to happiness is knowing all your trees, all their roots, and every leaf. When you know everything till the fullest detail about yourself, and you accept every part of it, then you will experience peace in mind.

This peace will start to express itself in calmness and happiness.

Ofcourse even when this is the case we can't be always happy, since we face struggles as well, such as loneliness.

But in the end, most of times we will be able to experience happiness.

I consider a person who is often overwhelmed by happiness to be a happy person.

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Generated: 2015-01-31 23:26:31